

# CCMTA Communicator

September 2008



## President's Corner

by Andrea  
Llafet

Fall Greetings! I hope you have all had a refreshing summer and are looking forward to this fall season, with fresh ideas and excitement for this new teaching year.

Shari Giberson has put together a slate of programs that will inspire us as teachers, and the entire board is working hard to coordinate our events for the year that will enrich the lives of our students.


Many thanks to Kathy Charles and her website committee for putting in hours of effort this summer to get our new CCMTA website up & running for the fall. Watch for details!

Thank you to all who will be opening your homes & studios to us for our programs and events this year. We are looking forward to learning from each other, and encouraging each other as we continue in our journey to educate and inspire our students.

See you September 16<sup>th</sup>!

Andrea

CCMTA Meeting:  
September 16, 2008

Please  new meeting times:

9:00 Meeting  
9:30 Refreshments  
10:00 Program

**Program: District IV Conference/Our  
Summer Musical Adventures**

**and**

**Receive Membership Handbook**

*Location:* Studio of Cinda Goold Redman  
14711 SE 29<sup>th</sup> St. Vancouver, WA  
(360) 256-8888

*Directions:*

Head east on Mill Plain to 164<sup>th</sup> St.  
Turn RIGHT onto 164<sup>th</sup> St.  
Turn RIGHT onto SE Cascade Park Dr.  
Turn RIGHT onto SE Briarwood Dr.  
Turn LEFT onto SE 146<sup>th</sup> Ave.  
Turn RIGHT onto SE 29<sup>th</sup> St.  
END at 14711 SE 29<sup>th</sup> St.

*Hostess:* Shi Chun Huang

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## September Calendar

Sept. 9 - Postmark deadline for MTNA Performance Competition Online Applications

Sept. 9 - Postmark deadline for MTNA Composition Competition applications

Sept. 10 - Postmark Deadline WSMTA Outstanding Artist Competition applications

Sept. 10 - Postmark deadline for teacher entries for MTNA Competitions

Sept. 16 - CCMTA Meeting  
9:00 meeting/9:30 Refreshments  
10:00 Program

### CCMTA Communicator - Your Newsletter!

We have another new look! A Special thank you to Cindy and Jennie Eubanks for the design of our new CCMTA logo. It is featured at the top of our newsletter and will be used in all of our correspondence.

Also, soon you should be able to access the newsletter from our new website. A special thank you to Cindy Eubanks, Sara Lightfoot, Andrea Llafet and Shari Giberson for serving on the technology committee for their work on our website. We are excited that it will be a site that will be easy for you, the membership, to use and a site that we can easily keep current. Watch for more info.

Remember this is your newsletter and it is only as good as you help submit information. There are many musical activities of our members and their students that we know nothing about! Or, how about that great book or article that you just read. Why not share it with the membership.

The deadline for submission of information will be the 20th of each month for inclusion in the next months newsletter. All information is welcome! For ease of formatting please send all information in either a word document or a *pdf* attachment. Send info to:

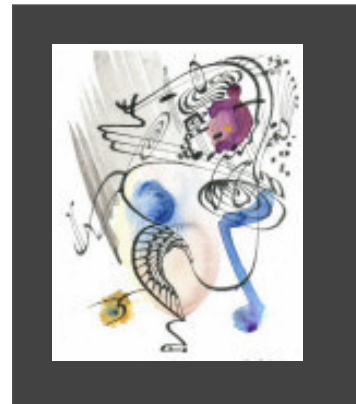
[cwkathy1002@msn.com](mailto:cwkathy1002@msn.com)

WSMTA

## DISTRICT IV CONFERENCE

Oct. 18, 2008

10 AM - 3:30 PM



### JILL TIMMONS



#### Lecture:

A Career in Music- Thinking Outside the Box  
& Master Class

Centralia Church of the Nazarene  
1119 West First Street  
Centralia, WA 98531

Plan now to attend! This topic is of interest to **all** musicians - not just keyboardists. Car pools will be forming if interested - watch for more information.

## EDMONDS Chapter Workshop

The Edmonds MTA has invited Stephen Hesla, from the University of Montana, to hold a workshop in Edmonds on October 4, 2008. Mr. Hesla will discuss two topics during this 3-hour presentation: "Masterful Pedaling from Head to Toe," and "Adventures in Three-Dimensional Playing."

The workshop will be held from 9:00 a.m. to 12:00 p.m. at the Edmonds Methodist Church (828 Caspers St, Edmonds, WA). Registration fee is \$30.00 for MTNA members, \$40.00 for non-members, and \$5.00 for students.

Stephen Hesla's reputation as an educator, performer and recording artist is renowned -- we're sure that all who attend will come away with new insights and inspiration!

Registration forms and workshop flyers will be sent for distribution to chapter chairs this month. They can also be obtained by calling:

Tim Saye - (425)770-0767  
([timisaye@yahoo.com](mailto:timisaye@yahoo.com)) or

Cathy Baylor at (425) 771-1254  
([ariel4thou@aol.com](mailto:ariel4thou@aol.com)).



### DAFFYNITIONS! Musical Terminology

In an effort to keep you abreast of the ever-changing world of music terminology, here are some terms with which you will need to become familiar:

*Adagio Fromaggio:*  
To play in a slow and cheesy manner.

*Anti-phonial:*  
Referring to the prohibition of cell phones in the concert hall.

*A Patella:*  
Unaccompanied knee-slapping.

*Appoggiatura:*  
A composition, solo or instrument, you regret playing.

*Approximatura:*  
A series of notes played by a performer, not intended by the composer.

*Approximonto:*  
A musical entrance that is somewhere in the vicinity of the correct pitch.

*Bar Line:*  
What musicians form after a concert.

*Cornetti Trombosis Disastrous:*  
The entanglement of brass instruments that can occur when musicians exit hastily down the stage stairs.

*Dill Piccolino:*  
A wind instrument that plays only sour notes.

*Frugalhorn:*  
A sensible, inexpensive brass instrument.

*Gaul Blatter:*  
A French horn player.

*Kvetchendo:*  
Gradually getting annoyingly louder.

*Opera buffa:*  
Musical stage production by nudists.

*Pre-Classical Conservatism:*  
School of thought which fostered the idea, "if it ain't baroque, don't fix it."

*Tincanabulation:*  
The annoying or irritating sounds made by extremely cheap bells.

*Vesuvioso:*  
A gradual buildup to a fiery conclusion.

*ZZZfortzando:*  
Playing REALLY loud in order to wake up the audience.

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### CERTIFICATION NEWS!

Congratulations to our newly certified members:  
Andrea Llafet, NCTM  
Cinda Goold Redman, NCTM  
Kathy Edsill-Charles, Perm. Certification

MTNA CERTIFICATION  
Ten (10) grants at one half the application fee are to be awarded by  
WSMTA for MTNA Certification. Contact  
Chair Diane Stober  
([DalSegno1@aol.com](mailto:DalSegno1@aol.com)) for information.

**Finding Time for Your Studio** (reprinted from *MusicTeachersHelper Blog*)  
by Sarah Luebke

I love being a busy teacher, working with students for the bulk of my day. As a musician and teacher, it's hard to find time to update and manage the studio outside of lessons. With an array of things to do, from documenting business purchases, pricing advertising, contacting prospective students, to researching pieces for students, it can be very difficult to get everything done in one day. Here are 10 tips to get you organized:

**1. Sunday Night Strategy Session**

Sometime each Sunday afternoon/evening take about 30 minutes to check in with your agenda and get your week in order. Include in your lesson appointments, meetings and this week's to do's.

**2. Get Up Before Anyone Else**

Each morning start your day about 45 minutes before the rest of the family. This allows you to get your thoughts together over a good cup of coffee and start your day off prepared rather than crazy.

**3. Daily Goals List**

Split a piece of paper into two columns - label one side work and one side personal. On the work side, list out the most urgent client tasks first followed by other tasks by priority. On the personal side of the paper, list phone calls you need to make, chores you need to get done, and any errands that have to be run.

**4. Block Your Time**

Once you know what needs to be done, block out time and estimate blocks of time per task. This allows you to have a realistic idea as to what you can get done in the day and to make sure you are maximizing your earnings for the day.

**5. Use A Timer**

Start your task and set the timer for your allotted time. You will be less distracted and the timer will let you know when it is time for a break. If it is a longer task, break it up into smaller time chunks. Reward yourself with a quick walk, a snack break, a phone call break or something once your timer goes off.

**6. Create Work Hours**

This is REALLY important if you work from home! Establish hours that work for you, your clients, and your family and stick with them. If you have set your work hours for today to be from 9-12, then you don't do housework during that time.

**7. Set Limits**

No one person can do everything. Your time and energy is valuable and you need to be firm in setting limits on how you spend it. Don't commit to things that you can't reasonably accomplish. Get enough rest. Learn to say No. Avoid negative people who like to whine.

**8. Identify time wasters in your day**

It's a different thing for everyone. Maybe it's the TV, calls from friends, or surfing the web. Whatever it is, identify it and eliminate it if possible, or at least manage it. Use your voicemail, and call people back when it's a better time for you.

**9. Outsource Where Possible**

Make a list of the 10 biggest time wasters or energy drainers in your day and find a way to eliminate them! Hire a cleaning service. Barter for administrative help.

**10. Group Errands for Efficiency**

Schedule your errands for maximum efficiency. One way to do it is to schedule one morning or afternoon a week just for errands and some time away.

There is no doubt that there will be some unexpected daily drama and the occasional day where you just can't be bothered, but put these strategies into action and I guarantee your day will run smoother!